

# Program 2

	Twilight	7b	7g	8b	8g	9b	9g	10b	10g	11b	11g	12b	12g	13b	13g	14b	14g	15/16/17b	15/16/17g
7:45	4:45	----- SETUP OF ALL TRACK AND FIELD SITES -----																	
7:45	4:45						700MW		1100MW		1100MW		1500MW		1500MW		Walk/Jav		Walk/Jav
8:00	5:00	SP	60MH			LJ		TJ		1500M				HJ	JAV	D		D	
8:10	5:10				60MH		60MH					1500M							
8:20	5:20		D	SP					60MH		60MH								
8:30	5:30												60MH			1500M		1500M	
8:40	5:40						TJAV	SP		HJ		TJ		1500M	80MH				
8:50	5:50				300M	D			LJ								80MH		90/100MH
9:00	6:00	70M											800M						
9:10	6:10		TJAV	70M							SP				800M				
9:20	6:20					70M		HJ		TJ		D				200MH	800M	200MH	800M
9:30	6:30				TJAV				800M				LJ	200MH					
9:40	6:40	200M					800M												
9:50	6:50			200M						D	800M						SP		SP
10:00	7:00		50M			100M			JAV						LJ	HJ		HJ	
10:10	7:10											400M	SP	TJ					
10:20	7:20				D		HJ	400M											
10:30	7:30		100M	LJ						400M	JAV								
10:40	7:40	LJ @tj													SP	400M		400M	
10:50	7:50							D	200M			HJ		400M					
11:00	8:00					400M							JAV				LJ		LJ
11:10	8:10				100M										200M				
11:20	8:20					SP	200M	100M			LJ			D		TJ		TJ	
11:30	8:30									100M									
11:40	8:40											100M					200M		200M
11:50	8:50												200M	100M					
12:00	9:00										200M					100M		100M	
12:10	9:10	----- F I N I S H -----																	

**Program will commence on time at 7:45am / 4:45pm.** First marshal call is at 7:35am / 4:35pm. These are indicative time only as program will at times be ahead or behind schedule. It is the responsibility of all athletes to listen for the marshalling calls.

**U14-17 commence Walks and Javelin at 0745.** U14-17 walkers proceed to Javelin immediately on completion of the walk and will be entitled to throw. Athletes late to Javelin that did not conduct the walk will not be permitted to throw.