



# MELVILLE ROAR

## SENIORS TRAINING CLINICS



# JUMPS

High - Long - Triple

Sun 15th November 2015

@Len Shearer Reserve  
1-3pm

Come prepared for a senior's style coaching session.

You will need: training gear, water, sunscreen, a towel.

Parents/coaches welcome to observe

THIS CLINIC IS FREE OF CHARGE & IS OPEN TO ANY REGISTERED MELVILLE LITTLE ATHLETE BORN IN 2004 OR OLDER.