

Program 1

	Twilight	7b	7g	8b	8g	9b	9g	10b	10g	11b	11g	12b	12g	13b	13g	14b	14g	15/16/17b	15/16/17g
7:25	4:25	-----SETUP OF ALL TRACK AND FIELD SITES-----																	
7:45	4:45	60MH	SP			700MW	LJ		TJ		1500M		1500MW		HJ	Walk/Jav	D	Walk/Jav	D
				60MH		60MH		1100MW					1500M	JAV					
		D			SP			60MH		1100MW									
							TJAV		SP		HJ		TJ	80MH	1500M		1500M		1500M
				500M				D	LJ							90MH		100/110MH	
			70M									800M							
		Vortex			70M					SP				800M					
									70M	TJ			D		800M	200MH	800M	800M	300MH
				TJAV			70M	800M	HJ			LJ			200MH				
			200M			800M													
					200M					800M	100M					SP		SP	
		300M		D			100M	JAV						LJ		HJ		HJ	
												SP	400M		TJ				
						HJ			400M		D								
		100M			LJ					JAV									
							200M							SP			400M		400M
													HJ		400M				
						400M		D	200M		JAV					LJ		LJ	
			100M											200M					
					200M	SP					400M							TJ	TJ
								100M								D			
									LJ				100M			200M		200M	
												200M			100M				
																	100M		100M
12:10	9:10	-----FINISH-----																	

Program will commence on time at 7:45am / 4:45pm. First marshal call is at 7:35am / 4:35pm. These are indicative times only as program will at times be ahead or behind schedule. It is the responsibility of all athletes to listen for the marshalling calls.

U14-17 commence Discus, Walks and Javelin at 7:45am / 4:45pm. U14-17 walkers proceed to Javelin immediately on completion of the walk and will be entitled to throw. Athletes late to Javelin that did not conduct the walk will not be entitled to throw.