

Achievement Ribbon Performance Levels - Girls

	Girls	70m	100m	200m	400m	800m	1500m	Short Hurdles	Long Hurdles	Shot	Discus	Javelin	High Jump	Long Jump	Triple Jump	Walks	Ribbons	Gold
16	Blue		13.84	28.89	1:05.5	2:46.7	6:06.0	90m	300m	3.0kg	1.0kg	500g	Flop	4.71	10.03	1500m	9	13
16	Red		14.55	31.11	1:17.8	3:00.2	6:47.6	17.49	52.66	9.63	25.59	25.38	1.41	4.71	10.03	9:38.1	9	
16	Green		15.21	33.06	1:28.6	3:15.0	7:29.6	18.09	57.91	8.15	20.07	19.76	1.30	3.83	8.63	11:36.9	8	
15	Blue		14.05	29.83	1:09.8	2:56.2	5:59.4	16.73	59.71	8.78	23.00	21.82	1.39	4.43	9.36	9:38.1	9	13
15	Red		15.01	32.16	1:17.5	3:22.6	6:52.2	18.66	63.19	7.33	17.48	17.29	1.29	4.05	8.69	11:36.9	8	
15	Green		15.69	33.89	1:24.9	3:46.1	7:43.9	20.21	65.27	6.20	14.14	14.62	1.20	3.75	8.11	12:51.7	7	
14	Blue		13.69	28.75	1:7.3	2:42.6	5:44.7	14.58	33.49	8.06	21.61	25.38	1.37	4.53	9.46	6:07.6	9	13
14	Red		14.99	31.78	1:14.9	3:10.7	6:46.1	16.63	36.13	6.74	16.35	18.15	1.26	3.81	8.34	6:55.7	8	
14	Green		15.97	33.82	1:21.1	3:37.1	7:31.7	18.22	38.40	5.67	12.99	13.78	1.18	3.52	7.69	7:31.9	7	
13	Blue		14.28	29.92	1:08.8	2:44.5	5:52.5	16.17	33.25	7.25	21.12	21.38	1.33	4.22	9.23	9:18.3	9	13
13	Red		15.97	33.56	1:20.8	3:11.8	6:43.7	18.85	37.92	5.97	15.74	16.42	1.20	3.63	7.93	10:53.4	8	
13	Green		17.27	36.41	1:28.2	3:34.6	7:29.5	20.54	40.65	5.12	12.42	11.52	1.10	3.19	7.17	11:53.1	7	
12	Blue		14.69	30.75	1:10.5	2:49.9	5:48.1	TBA		2.0kg	19.25	17.90	1.21	3.96	8.52	9:19.4	9	12
12	Red		16.40	34.93	1:22.8	3:18.1	7:00.6	TBA		6.14	13.80	13.36	1.12	3.37	7.43	10:52.6	8	
12	Green		17.80	37.91	1:31.4	3:39.3	7:35.5	TBA		5.16	11.16	10.16	1.06	2.99	6.56	11:45.8	7	
11	Blue		15.35	32.47	1:14.6	2:58.1	6:07.6	TBA		500g	6.86	16.13	1.16	3.82	7.98	7:22.9	9	12
11	Red		16.93	36.58	1:27.0	3:24.1	7:01.7	TBA		5.47	TBA	11.91	1.06	3.21	6.88	8:15.2	8	
11	Green		18.29	39.59	1:34.6	3:42.8	7:45.3	TBA		4.81	TBA	9.54	0.98	2.78	6.10	8:54.1	7	
10	Blue	70m	11.42	33.98	1:19.1	3:04.7		60m	12.77	6.07	17.00	16.08	1.09	3.61	7.39.5		9	11
10	Red		12.33	38.60	1:30.4	3:30.4		14.06	14.06	5.04	12.45	12.31	0.98	3.09	8:26.1		8	
10	Green		12.99	41.86	1:36.6	3:46.9		45.29		4.05	9.72	8.90	0.93	2.71	9:03.7		7	
9	Blue		11.92	36.94	1:25.0	3:15.4		12.33		5.11	13.27	12.66	1.03	3.35		700m	8	11
9	Red		13.13	41.27	1:36.9	3:43.4		13.80		4.13	9.86	9.59	0.90	2.82		4:50.4	7	
9	Green		13.96	45.21	1:46.3	4:07.4		14.82		3.49	7.77	8.04	0.83	2.48		5:22.8	6	
8	Blue		12.66	38.53		500m		13.09		1.5kg	11.31	10.24		3.01			7	9
8	Red		13.78	42.46		1:57.9		14.39		3.87	8.06	7.91		2.53			6	
8	Green		14.42	45.21		2:14.9		15.21		3.13	6.07	6.45		2.33			5	
7	Blue		13.64	42.73	300m			Mini H		350g	Vortex			2.66			6	9
7	Red		14.79	46.62	1:08.0			13.45		3.75	9.54	10.66		2.27			5	
7	Green		15.53	49.89	1:16.8			14.78		3.06	7.25	7.97		2.02			4	
6	Blue		14.85	20.28	1:21.9			16.01		2.57	5.64	6.29		2.02			4	
6	Red		15.72	22.75				14.52		7.59	9.35			2.21			4	6
6	Green		16.43	24.06				15.95		4.61	5.88	5.30		1.79			3	

Note: There is insufficient data for U17 ribbon achievements. U16 data can be used noting some differences in distances and weights. TBA ribbon levels will be provided January 2019.