

Program 1

	TWILIGHT	6B	6G	7B	7G	8B	8G	9B	9G	10B	10G	11B	11G	12B	12G	13B	13G	14B	14G	15/16/17B	15/16/17G	
7:20	4:20	<i>SETUP OF ALL TRACK AND FIELD SITES</i>																				
7:45	4:45	60MH		60MH	SP			700MW	LJ				1500M	1500MW		1500MW		Walk/Jav	D	Walk/Jav	D	
										60MH					1500M	JAV						
						60MH		60MH		-												
			D				SP			1100MW		1100MW										
													80MH	-	80MH						1500M	1500M
				D				TURBO			SP		HJ		TJ	80MH	1500M					
					70M		500M			LJ								90MH		100/110MH		
		Vortex		Vortex				70M														
											70M	SP				800M						
											70M		TJ					800M	200MH	800M	300MH	
			70M		200M	TURBO		800M			HJ			LJ	D		200MH					
							200M					800M	100M									
			300M						100M	TURBO						LJ		SP	HJ	SP	HJ	
		100M				D									400M		TJ					
							HJ							SP								
			LJ@tj	100M			LJ			200M		JAV	D									
						100M												SP		400M	400M	
					LJ@tj										HJ		400M					
									400M		D	200M		JAV				LJ		LJ		
																200M						
									SP				400M							TJ	TJ	
								200M			100M							D				
												LJ			100M			200M		200M		
														200M			100M					
12:10	9:10	<i>FINISH</i>																				

Program will commence on time at 7:45am / 4:45pm. First marshal call is at 7:40am / 4:40pm. These are indicative times only as program will at times be ahead or behind schedule. It is the responsibility of all athletes to listen for the marshalling calls.

U14-17 program will commence Discus, Walks and Javelin at 7:45am / 4:45pm. U14-17 walkers proceed to Javelin immediately on completion of the walk and will be entitled to throw. Athletes late to Javelin that did not conduct the walk will not be entitled to throw.