

66 TRACK & FIELD RELAY SELECTIONS

- 66.1 The Centre Executive may delegate team selections to the Coaching & Development Manager (and subsequent individual coaches) but will maintain overarching authority where a dispute may be raised.
- The Centre Coaching & Development Manager will assign coaches to teams. Coaches may volunteer their status or the Centre Coaching & Development Manager may approach suited coaches. Where there is more than one volunteer per team the Centre Executive will select the team coach, based on coaching ability, experience and ability to communicate and relate to the athletes.

The following guidelines for selection of MAC Track relay teams are as follows:

- In the first 4 weeks of the MAC season, all athletes will have the opportunity to have two times recorded for the 100M, 200M and 400M depending on age group. If a competition in the first 4 weeks is cancelled for any reason a 'make up' competition may be held.
- At the conclusion of the first 4 weeks the 5 fastest available runners will be named as the team, with the final team selection to be determined by the coach.
- Eligible athletes have the right to withdraw their availability, but must do so by the end of week 5 of the MAC season. If an athlete withdraws their availability after the commencement of week 6 of the MAC season they will be ineligible for selection to a field relay team.
- Once the track relay team has been selected and volunteer status of athletes confirmed, the athlete's position in the track relay team is assured, irrespective of future results.
- An athlete that has not competed in the event at MAC competition or has registered after the first 4 weeks will not be eligible for team selection unless there are insufficient athletes in the age group to form a team.

RELAY COACHES

All coaches must be clear in their communication, specific in their instructions and manage interactions with athletes and parents within the Centre's Code of Conduct agreement.

- It is the objective of the coach to work with the above selected athletes to improve their understanding of relays (including changes).
- Coaches are advised to be clear in their final team selections, particularly the discretion as to who runs in what event, their running position, and whether the athlete runs in the heat or final.
- If an underage coach/athlete is selected they must nominate an overseeing adult to shadow their team management.
- Each track relay coach is to co-ordinate training sessions for their athletes.
- An athlete's inability to attend scheduled training sessions must be discussed with the team coach in the first instance as this may impact on their final selection.
- Coaches are required to approach individual athletes/families of their team to inform them of their selection and determine their volunteer status.
- Final track teams are to be advised to the Coaching & Development Manager who must submit the relay teams to the Championships & Officials Manager to meet the LAWA directed submission timeframe.

The following guidelines for selection of MAC Field relay teams are as follows:

In the first 4 weeks of the MAC season, all athletes will have the opportunity to have two distances recorded in eligible relay events (as prescribed by LAWA) in their respective age group.

- At week 6 of MAC competition the 4 best athletes (1 athlete per event) that have not committed to a track relay team will be named as the field relay team.
- Eligible athletes have the right to withdraw their availability, but must do so by the end of week 7 of the MAC season.
- An athlete that has not competed in the event at MAC competition or has registered after the first 5 weeks will not be eligible for team selection unless there are insufficient athletes in the age group to form a team.
- If an athlete has indicated their volunteer status to compete for track selection they will be ineligible for selection to the field relay team.
- Once the field relay team has been selected and volunteer status of athletes confirmed, the athlete's position in the field relay team is assured, irrespective of future results and / or an athlete missing out on selection for the track team.
- The Coaching & Development Manager may schedule additional training for the athletes selected in the field relay. This training is not compulsory but is strongly encouraged to further develop athlete skills and competitiveness to ensure the Centre submits the strongest team possible.