

Join Little Athletics at Melville Roar

Little Athletics is a fun, social and active program for girls and boys aged 5 to 16. There are a wide range of events from running, jumping, throwing and walking. Events are modified to suit the age and ability of the children.

Little Athletics promotes that it is important to "Be your Best". The emphasis is on fun, participation, performance, technique and getting involved with your family and friends in physical activity.

Melville Little Athletics Centre and our Clubs

Melville Little Athletics Centre is based at Len Shearer Reserve, Booragoon. This is where we hold our weekly interclub competition on Saturday mornings from October to March each year.

We have four clubs competing at Melville Little Athletics Centre on Saturday mornings. These are Brentwood, Leeming, Olympia and Palmyra-Bicton. When registering with Melville Little Athletics Centre you join one our Clubs and compete for them in their club singlet at our weekly competitions.

Age Groups

At Melville we offer Little Athletics from Under 6 to Under 17. Your age group is determined by your age at the 31 December. For example, if you turn 9 in 2021 you will be registered in Under 10. You will need to provide proof of age when you register.

For 2021/2022 registration age groups are as follows:

| Age Group | U6 | U7 | U8 | U9 | U10 | U11 | U12 | U13 | U14 | U15 | U16 | U17 |
|-----------|------|------|------|------|------|------|------|------|------|------|------|------|
| Year Born | 2016 | 2015 | 2014 | 2013 | 2012 | 2011 | 2010 | 2009 | 2008 | 2007 | 2006 | 2005 |

Registration and Cost

Registrations open on Saturday 4 September from the registration link on the Melville Roar website www.melvilleroar.com Our registration costs are as follows:

| Age Group | U6-U8 | U9-U10 | U11-U17 |
|-----------|-------|--------|---------|
| Cost | \$180 | \$220 | \$240 |

Your registration fee covers both Summer and Winter seasons. You do not need any special equipment for athletics, you just wear your club singlet, plain black shorts and trainers or athletic shoes. If you choose to compete in Athletics West events, such as state championships, there will be some additional costs.

Season Start

Our training is scheduled to start the first week of the school holidays (See next page). Training is your opportunity to come and trial Little Athletics at Melville Roar. Our first competition is scheduled for Saturday 9 October, 2021 commencing at 7:45am. Our Summer season, which includes many of the track and field events you see at the Olympic Games, continues through to March.

Winter season commences in April and includes Cross Country and Road Walking events on alternate weeks.

Training

Most of the clubs at Melville Little Athletics Centre train together at Len Shearer Reserve on a Tuesday or Wednesday night depending on age groups. Training starts the 28 or 29 September depending on age group.

Training (cont.)

U6 -U10 Brentwood, Leeming and Olympia

Len Shearer Reserve, Booragoon, Wednesday: 4:45 - 6pm

U6 -U10 Palmyra-Bicton

Palmyra Primary School, Palmyra, Wednesday: 4:30 - 6pm

U11 and Over All Clubs

Len Shearer Reserve, Booragoon, Tuesday: 5 – 6:30pm.

Parent Participation

Centres cannot operate without the assistance of parents and other adult volunteers fulfilling the many and varied duties required each week. These include officiating at an event; managing an age group; recording results; working in the BBQ or becoming a committee member. You don't need any experience and a key official at each site will give you instruction on what to do to ensure our competitions run smoothly.

More Questions?

See our website, get in contact with your club or contact <u>macexexutiveofficer@gmail.com</u> for more information.

| Club | Contact |
|----------------|------------------------------------|
| Brentwood | littleathleticsbrentwood@gmail.com |
| Leeming | leemingstars@gmail.com |
| Olympia | olympiaregistrar@gmail.com |
| Palmyra-Bicton | palbiclacregistrar@gmail.com |

