

## Melville Little Athletics Centre Program 1 2022/23

6B	6G	7B	7G	8B	8G	9B	9G	10B	10G	11B	11G	12B	12G	13B	13G	14B	14G	15/16/17B	15/16/17G
												1500MW		1500MW		Walk/Jav	D	Walk/Jav	D
60MH	SP	60MH	SP			700MW	LJ				1500M				HJ				
								60MH					1500M	JAV					
				60MH		60MH													
					SP			1100MW		1100MW									
D	LJ	D	LJ														1500M		1500M
										80MH		80MH							
						TURBO			SP		HJ		TJ	80MH	1500M				
				500M				LJ								90MH		100/110MH	
	70M		70M						D				800M						
Vortex		Vortex			70M						SP			800M					
									70M		TJ					800M	200MH	800M	300MH
							70M	800M				LJ	D		200MH				
	200M		200M	TURBO		800M				HJ									
					200M					800M	100M								
		300M						100M	TURBO					LJ		SP	HJ	SP	HJ
				D										400M		TJ			
					HJ				400M			SP							
100M		100M			LJ			200M		JAV	D								
				100M										SP			400M		400M
													HJ		400M				
							400M		D	200M		JAV				LJ		LJ	
														200M					
											400M							TJ	TJ
						200M			100M							D			
										LJ			100M			200M		200M	
												200M			100M				
																	100M		100M

- Program will commence on time at 7:45am or 4:45pm for twilights with the first marshal call approximately 5 minutes before the start time. The program will finish approximately 12 noon. These are indicative times only as program will at times be ahead or behind schedule.
- The order of events may change at the discretion of the Arena Manager.
- U14-17 program will commence Discus, Walks and Javelin at 7:45am/4:45pm. U14-17 walkers proceed to Javelin immediately on completion of the walk and will be entitled to throw. Athletes late to Javelin that did not participate in the walk will not be entitled to throw.