

Melville Athletics Club – Season 2025-2026 – PROGRAM 1

7B	7G	8B	8G	9B	9G	10B	10G	11B	11G	12B	12G	13B	13G	14B	14G	15B	15G	16/17/18/ 19B	16/17/18/19G
									HJ			1500MW		1500MW		Jav	1500M	Jav	D
60MH	SP	60MH	SP			700MW	LJ				1500M				HJ				
								60MH					1500M	JAV					
				60MH		60MH											D		
					SP			1100MW		1100MW									
D	LJ	D	LJ																1500M
				TURBO		HJ				80MH		80MH							
									SP		HJ		TJ	80MH	1500M	90MH		100/110MH	
								LJ											
	70M		70M				D					800M							
Vortex		Vortex		500M	70M					SP				800M					
									70M		TJ					800M	200MH	800M	300MH
							70M	800M				LJ	D		200MH				
	200M		200M			800M													
					200M					800M	100M								
		300M					100M	TURBO						LJ		SP	HJ	SP	HJ
				D									400M		TJ				
									400M			SP							
100M		100M			LJ			200M		JAV	D								
				100M										SP			400M		400M
						TURBO							HJ		400M				
							400M		D	200M		JAV				LJ		LJ	
														200M					
							SP				400M						TJ		TJ
						200M			100M						D				
										LJ			100M			200M		200M	
												200M			100M				
																	100M		100M

- The program will commence on time at 7:45am or 4:45pm for twilights with the first marshal call approximately 5 minutes before the start time. The program will finish approximately 12 noon. These are indicative only as the program will at times be ahead or behind schedule.

- The order of events may change at the discretion of the Arena Manager. Please listen to the Announcer and be aware of your age group movements.
- Ages 15, 16, 17 and 18+ may all compete in the same heats. This will be dependent on athlete numbers at any given competition and will be at the discretion of the Arena Manager.